

SPORTS DAY -August 29

NSS Unit of VKIDFT Mannuthy organised several games and competitions as a part of observing National Sports day which involved participation of volunteers in sports and fitness activities suggested by Department of Youth affairs, Government of India. We conducted competition for indoor games like Badminton, Table Tennis, Chess, Tug of war and Fun activities like Lemon race on various days from August 19 to 29. National sports day is celebrated on behalf of the birthday of the Hockey legend Major Dhyan Chand to commemorate India's deep rooted tradition of Sports.



